



FUTSALRVA™
ACADEMY



Vision



Our Vision is to be an effective and sustainable organization that will develop the sport of futsal and its unique values in and around RVA. We will provide all players the opportunity to participate in leagues, academies and tournaments while maintaining a fun and positive environment. FutsalRVA will promote sportsmanship, respect, and hard work while teaching the technical, tactical, physical and psychological components of the game. We strive to achieve the highest level of professionalism, leadership and guidance to ensure the best possible experience for all our participants, regardless of skill level.

Our vision is underpinned by a clear promise:

“Everyone, no matter where you are from, or where you live, or whether or not you have played or attended a futsal match, is invited to be part of FutsalRVA.”

FutsalRVA is an inclusive community, accessible to all, bonded by the love of the game.

For futsal fans everywhere – **WE ARE FutsalRVA!**

Organization



President
Greg Simmonds

Executive Director
Joe Farrell

Technical Director
Andre Graham

Office Administrator
Sally Fotovat

Goalkeeping Academy Director
Saul Montero

Coaches
Teams
Players



Organization



President
Greg Simmonds

Before turning professional, Gregory Simmonds was his high school's (Sherwood High School, Olney, Maryland) first ever All-American athlete — the second is US National stand-out Oguchi Onyewu. He also still holds the record for goals scored at his alma mater, Howard University. Simmonds began his professional soccer career with the Hershey Wildcats where he scored 35 goals, had 16 assists and was named USL-1 Rookie of the Year in 1999 and Team MVP in 2000. Simmonds also played for D.C. United in the CONCACAF Champions Cup in 1999.

Simmonds also boasts international experience, having played with the Jamaican National Team youth and senior teams (Reggae Boyz) in 1999. Signed by the Miami Fusion in 2001, he tallied 4 goals and 2 assists in league and Open Cup matches. After the Fusion folded in 2001, he signed with Rochester Rhinos in 2002 where he led the team with 9 goals and 6 assists. In 2003, he played in 27 games with the Richmond Kickers. Simmonds played for USL First Division team Charleston Battery for the 2004 and 2005 seasons and was the team's leading scorer both years with 18 goals and 9 assists. In 2006 joined Virginia Beach Mariners where he was team MVP after leading the team with 9 goals and 5 assist and being named to the league's ALL STAR TEAM.

Simmonds finished his professional career with 75 goals and 37 assists, last playing for the Puerto Rico Islanders.

Simmonds retired from professional soccer shortly after he founded the Soccer and Futsal programs at U-TURN Sports Performance Academy where he served as Director for over 3 years. Simmonds then became the Co-Founder and President of Own Touch Soccer., as well as Co-Founder and President of FutsalRVA. Simmonds is a US National Pro A License Coach. FutsalRVA has produced four US Youth National team players from and currently has five US Youth Futsal National Championship titles.

Organization



Executive Director
Joe Farrell

Joe Farrell, the co-founder and co-owner of FutsalRVA, is a former youth professional player in his home town of Glasgow, and played collegiately in the US. In Scotland, Joe was one of the youngest licensed coaches with the Scottish National Soccer Association, as well as a respected community director for the Glasgow Sports Council. Joe has coached in the US for 19 years. For the last 15 years, Joe served as both Director of Coaching and Technical Director, where he helped develop the structure and delivery of many youth grassroots and elite programs in Richmond. Joe has also worked with the Olympic Development program and was the head coach of the Chesterfield NPSL team who achieved amazing success including winning a bid to the 2016 US Open Cup.

Joe is a highly talented Director with energy and enthusiasm that impacts and inspires all who work with him. Joe has a wealth of coaching experience and his positive, infectious approach has made him highly respected and successful throughout the Richmond community. Joe has built a reputation of being a true player's coach and Director, relating easily to the needs of players and parents both on and off the field. Throughout his coaching career, Joe has had many successes in boys, girls and adult programs. Joe has led local Richmond travel teams to victory in the VYSA State Cup Championships and is the first Coach in Richmond to lead a team to a Region 1 Championship. Joe has also taken FutsalRVA teams to the USYF National Championship finals.

Joe's qualifications include USSF A license, NSCAA Advanced National, USSF National Youth License, Director of Coaching Diploma, Higher National Diploma in Sports coaching and a degree in sports science.

In 2007, Joe with his partner Greg Simmonds, had the vision to create the first USYF Futsal league in Richmond. Over the past several years, Joe has worked hard behind the scenes strategically creating one of the largest and most successful youth futsal leagues, tournaments and academies in the United States.

Joe is also the USYF State ID director, State and Regional tournament director as well as a USYF Academy program director with his partner Greg Simmonds..

Joe is quoted as saying "I am loving being the Executive Director of FutsalRVA and very excited to continue to incorporate FutsalRVA into a quality 12 month program. Our goal is to make sure that FutsalRVA provides the highest level of training, coaching and communication. Organization, communication and player development opportunities are my top priorities."

Organization



President
Gregory Simmonds

Place of birth:
Kingston, Jamaica

- High School All-American
- Howard University All-Time leading goal scorer
- Jamaica youth and senior/national team player
- 9 years Professional Soccer Player (USL & MLS)
- A-League Rookie of the year (USL)
- USSF A-Licensed Coach
- 4 USYF National championship coach



Executive Director
Joe Farrell

Place of birth:
Glasgow, Scotland

- USSF A Licensed Coach
- USSF National Youth License
- NSCAA Advanced National License
- USYF Level 2 Coach
- USYF VA State ID Director
- USYF Regional Championship Coach
- USYF National Finalist Coach



Technical Director
Andre Graham

Place of birth:
White Plains, New York

- USSF Licensed coach
- Futsal Licensed Coach
- Former College Standout
- Current Travel Soccer Coach
- Current FutsalRVA Academy Coach
- USYF National ID Instructor



**Goalkeeping Academy
Director and Staff Coach**
Saul Montero

Place of birth:
Costa Rica

- USSF Licensed coach
- Former Division 1 Athlete (VCU)
- Former Professions player (Brujas FC)
- Former College Goalkeeping Coach (VCU)
- Former US Academy Goalkeeping coach
- Current FutsalRVA Academy Coach

Organization



FutsalRVA Staff Coach
Kwaku Adu-Gyamfi

Place of birth:
Obuasi, Ghana

- USSF National C License
- Futsal Licensed Coach
- National Youth License
- NSCAA National Diploma
- USYF National Championship Coach
- USYF Regional Championship Coach
- Futsal World Championship finalist 2015
- Former College Standout
- Former professional player



FutsalRVA Staff Coach
Aaron Gyasi

Place of birth:
Ghana

- USSF C license Coach
- Former college player
- Former ODP Central coach and State Assistant Coach.
- Current FutsalRVA, Richmond Kickers, Clover Hill HS Varsity Head Coach



FutsalRVA Staff Coach
Lucas Paulini

Place of birth: Buenos Aires,
Argentina

- USSF Licensed Coach
- Professional Football Coach Degree
- 1st level – Youth instructor. Currently on the 2nd year/2nd level – Professional Level
- Current VCA Director of Operation
- Former College Standout at Virginia Commonwealth University
- Former professional player
- Current FutsalRVA Academy Coach



FutsalRVA Staff Coach
Andrew Keiser

Place of birth:
Richmond, Virginia

- 5 years coaching with OwnTouch
- 4 Years coaching with FutsalRVA
- U.S.S.F “D” Licensed Coach
- Level 1, Level 2 diploma With USYF.

Organization



**FutsalRVA FDA and
Development Director**
Kevin Durkin

Place of birth:
Richmond, Virginia

- Richmond Kickers U11/U12 assistant coach



FutsalRVA Staff Coach
Mo Idris

Place of birth:
Khartoum, Sudan

- Current OwnTouch trainer/mentor
- Current FutsalRVA coach
- Former volunteer head coach for a Sudanese American Soccer Federation (S.A.S.F) team



FutsalRVA Staff Coach
Katie Keys

Place of birth:
Richmond, Virginia

- USSF Licensed coach
- Former College player
- Current Douglas Freeman assistant Varsity coach
- Current FutsalRVA Coach



FutsalRVA Staff Coach
Tyler Welch

Place of birth:
Richmond, Virginia

- USSF Licensed Coach
- Current St. Catherine's Soccer Coach
- Current FutsalRVA Coach

Programs



“Footy” Mites!

***Player Birth Year:
2017-2019***

This is a fun-focused program for 3-5 year-olds.



Juniors

***Player Birth Year:
2015-2016***

Geared towards all levels of experience including beginners, recreational and developmental players.



Summer and Winter Seasonal Development

***Player Birth Year:
2014-2016***

These programs provide futsal-specific training for players between 8-12 years old



Developmental Academy (FDA)

***Player Birth Year:
2013-2014***

Offered to all U8-U10 players looking to participate in a year-round futsal academy with experienced and qualified coaches.



Academy

***Player Birth Year:
2014-2013***

High level year-round program for players U11-U18 that are specifically selected by an ID process.



College and Professional

Programs



Juniors

Player Birth Year: 2014-2016

FutsalRVA Juniors is geared towards U5-U8 year-old players with all levels of experience including beginners, recreational and developmental players. FutsalRVA Juniors provides players a full futsal training session followed by games in 3 v 3 and 4 v 4 formats. Children are placed in classes with similarly skilled players in order to maximize their development.

Players between the ages of 5 and 8 are in the “golden age” of development. The appropriate training program can have a tremendous impact on the future success of a player and his or her passion for the game. The early mastery of technical skills is one of the most important elements in the development of youth players.

FutsalRVA juniors are also encouraged to develop their mental, physical, and social abilities through creative games and other activities. Players learn age-appropriate individual skills, teamwork, and most importantly they have a lot of FUN!

FutsalRVA Juniors Includes:

- 8 Training sessions/games
- FutsalRVA practice/game jersey
- FutsalRVA quality coaches
- 1 Hour sessions



Programs



Summer and Winter Seasonal Development *Player Birth Year: 2014-2016*

The FutsalRVA Summer and Winter Programs will provide futsal-specific training for players between 8-12 years old. The programs are designed to be a comprehensive futsal experience that combines training and game play in a practice setting for 6 weeks in the summer and winter. Some of our main objectives are to:

- Provide high quality developmentally appropriate training to improve soccer/futsal skills
- Provide an opportunity to play a competitive game after training where players can implement and apply the skills they learned (with the guidance of a FutsalRVA coach).
- Provide 1 quality training per week for 6 weeks
- Provide Participation in and end of season Festival/Game night with FutsalRVA academy teams with qualified FutsalRVA coaches
- Provide quality training based on the FutsalRVA curriculum
- Continuously evaluate the progress of each player for opportunities within the FutsalRVA Academy.
- Have no more than 16 players in a training group and no more than 9 players on a team during games.

BENEFITS OF FUTSAL AND THE FUTSALRVA SUMMER DEVELOPMENT PROGRAM:

Futsal naturally helps develop skills required for soccer: balance, motor ability, agility and coordination, ball mastery, accurate and quick passing and receiving, perception, insight, and awareness. Children learn skills through repetition, especially when they practice in tight areas while under pressure.

The appropriate training program can have a tremendous impact on the future success of a player and his or her passion for the game. The early mastery of technical skills is one of the most important elements in the development of youth players.

We at FutsalRVA welcome all players wanting to play and be a part of the wonderful game of futsal.



Programs



Developmental Academy *Player Birth Year: 2013-2014*

FutsalRVA Developmental Academy (FDA) is a program offered to all players (boys and girls) ages U8-U10 looking to participate in a year-round futsal academy with experienced and qualified coaches. Players are placed in groups with similarly skilled players in order to maximize their development. This program will be either boys, girls or coed and will serve as a pathway to the FutsalRVA Academy.

The FDA will heavily focus on player development through improving technical ability, game awareness and tactical decision making. FDA Academy training will provide challenging technical drills, games, and exercises in order to increase confidence and enhance critical foot skills. Training will also build upon the fundamentals of dribbling, decisions under pressure, and passing in a fast-paced format. The program is designed to build the foundation for teaching tactical components that will improve the player's understanding of the game. All FDA players will have the opportunity to compete in the FutsalRVA winter league (included in fees) and also have the optional opportunity to play additional tournaments and special events.



FutsalRVA Developmental Academy is open for ANY/ALL players & teams, regardless of their club, level and/or town/city affiliation. FutsalRVA Developmental Academy training is designed to complement, not compete with, a player's club soccer training.

FutsalRVA Developmental Academy Includes:

- Approximately 64-70 training sessions per year with qualified staff
- Train once per week in spring/fall and twice per week in summer/winter
- Age-specific curriculums and specialized goalkeeping training
- All players will participate in the FutsalRVA Winter league (8 games. Included in fees)
- All players will participate in in local, state and regional tournaments (3 included in fees)
- All players will participate in in local and out of town club v club festivals and friendlies tournaments (Included in fees)
- Mentoring, director support, and evaluations on player progress
- All players will receive Exclusive access to live or post-game video through Spiideo technology at no charge.

Programs



Academy

Player Birth Year: 2004-2013

FutsalRVA Academy is a premier futsal development program that offers players a unique opportunity to train and compete with players from other soccer clubs that are at the same skill-level. Our program is designed to complement, not compete with, a player's regular soccer training with their own clubs. With our team of highly qualified and experienced coaches, our priority is improving the futsal and soccer skills of our players and offering opportunities for intense futsal game-play.

FutsalRVA Academy is for players looking to participate in high-level technical and tactical futsal training sessions, competitive league play, as well as regional and national level tournaments. FutsalRVA players will focus on technique, tactical awareness and pinpoint passing which demands quick reflexes and fast thinking. Through our unique training methods, we have produced players of exceptional ability. Both current and alumni FutsalRVA players are playing for professional club academies and graduating to the National level in both soccer and futsal

FutsalRVA Academy Includes:

- Approximately 64-70 training sessions per year with qualified staff
- Train once per week in spring/fall and twice per week in summer/winter
- Age-specific curriculums
- Specialized goalkeeping training
- All players will participate in the FutsalRVA Winter league (8 games. Included in fees)
- All players will have opportunity to participate in in local, state and regional tournaments (3 included in fees)
- All players will participate in in local and out of town club v club festivals and friendlies tournaments (Included in fees)
- Opportunity for participation in National ID camps and clinics
- Evaluations on player progress
- Mentoring and Director Support
- All players will receive Exclusive access to live or post-game video through Spiideo technology at no charge.



Program Benefits



FutsalRVA specializes in the promotion and education of the sport of Futsal through training programs and the organizations of leagues and tournaments. Our mission is to promote the game of Futsal as a player development initiative.



Our program benefits include:

- Year-round training. Once per week during spring & fall, and twice per week during summer and winter.
- 8 Tournament series
- Three events included in fees with additional optional events
- Winter League
- Friendly games and festivals
- Goalkeeping training clinics
- Free access to Spiideo. Watch practices and games live and/or recorded
- USYF Academy opportunity
- Free access to Jessica Hendricks Photography where you can download digital pictures at no additional charge.
- Free access to the Soccer Parenting Resource Center
- U-Turn Membership access included in fees

Timeline



APRIL

- Spring Practice Schedule Start, U-turn Sports Academy
- Spring Juniors Start, 6 sessions

JUNE

- Summer Juniors Start, 6 sessions
- Summer Practice Schedule Start, U-turn and TBA
- Secondary Summer Practice Schedule Start - 6 sessions, Tuesdays at U-turn
- Tournament - One day Challenge
- USYF Virginia state ID

JUNE-JULY

- Summer Friendlies (Included in fees)

JULY-AUGUST

- Tournament - East Coast Classic (Included in fees)

AUGUST

- FutsalRVA Summer Camp, Discount for FutsalRVA players
- Fall Practice Schedule Start, U-turn Sports Academy

DECEMBER

- Secondary Winter Practice Schedule Start, 8 weeknight sessions
- Tournament - USYF State Championships, USYF Academy and select teams only
- FutsalRVA Winter League Starts (Included in fees)
- Tournament - Jeff Cup Boys/Girls (Included in fees)

JANUARY

- Tournament - USYF Regionals, Select teams only
- Tournament - Academy showcase, Select teams only

SUMMER 2023

- Tournament - USYF Nationals, Select teams only
- Winter Practice Schedule Start, U-turn Sports Academy
- Winter Juniors Start, 8 sessions

Uniforms



Please read and abide by the following guidelines:

- Bring all uniform equipment to every game including all uniform shirts, shorts, socks, Futsal shoes, warm-up shirts, warm-up suits and tape.
- Players should be dressed alike during team warm-ups before games.
- Uniform socks will be pulled up whenever you have them on. Shin guards must always be covered by socks.
- Arrive at games looking professional (i.e. Team Warm-Up Suit, Team Warm-Up Shirt).
- Have your FutsalRVA equipment bag with you at all practices and games. Put bags carefully in a row on the sidelines at all games. Keep bags in a proper team location at practice.
- Wear proper training jerseys for all training sessions.
- Bring your water bottle with you to all practices and games. At games, place your water bottle behind your bag when not in use. To prevent passing on illnesses to teammates, you should not share water bottles!!!
- Leave your rings, watches, necklaces, bracelets, earrings, other jewelry and hairpins (except for rubber bands or other elastic bands) at home or in your equipment bags.

**REMEMBER, YOU ARE FUTSALRVA!!
TAKE PRIDE . . . ACT THE PART!!!**



Fees



BIRTH YEAR	ACADEMY (Monthly)	FDA (Monthly)	ACADEMY MENTEE (Monthly)	FDA MENTEE (Monthly)
2014		\$145		\$70
2013		\$145		\$70
2012	\$145		\$70	
2011	\$145		\$70	
2010	\$145		\$70	
2009	\$145		\$70	
2008	\$145		\$70	
2007	\$145		\$70	
2006	\$145		\$70	
2005	\$145		\$70	

The package that you are purchasing is a commitment to a yearly contract with limited spots available. Therefore, if you choose the monthly option, please note that you will still be charged monthly regardless of whether your child participates or not.

FutsalRVA strives to provide the highest value for Academy players and families. For convenience, fees are inclusive of all year-round training, program and administrative costs.

Policy



FutsalRVA is committed to maintaining its independence and objectivity in the formation of our Academy teams. We are NOT a club and have no soccer club affiliation. Although we utilize the support and cooperation of soccer coaches from many neighboring soccer programs, we have a strict “no recruiting policy”. Soccer players from one club can rest assured that they will never be pressured to join other clubs in the course of playing futsal with our program. In addition, our independence and objectivity are reflected in the fact that we provide equal, unbiased opportunity for all players in our `open I.D process`.

Affiliations



Partners

